



BELGIAN PHARMACEUTICAL LABORATORY - GMP CERTIFIED

Medicinal herbal specialist

6 reference
MEDICINES

in the management of
common pathologies



Sedistress[®] 200

coated tablets



Available pack sizes :
42 coated tablets • 98 coated tablets

To relieve the mild symptoms of
MENTAL STRESS, SUCH as NERVOUSNESS,
worrying or irritability and **TO AID SLEEP**



without addiction

COMPOSITION

The active substance is extract of Passion flower, herb (*Passiflora incarnata* L.). Each tablet contains **200 mg of extract** (as dry extract) from *Passiflora incarnata* L. herba (equivalent to 700 mg - 1000 mg of Passion flower). Extraction solvent : Ethanol 60% V/V.

The other ingredients are : microcrystalline cellulose, povidone, sodium starch glycolate (type A), hydrogenated cotton oil, anhydrous colloidal silica, tricalcium phosphate, polyvinyl alcohol, titanium dioxide (E171), macrogol, talc, iron oxide red (E172), maltodextrin.

DIRECTION FOR USE

MENTAL STRESS

Adults and children
from 12 years old

1 | 2 x/ day

TO FACILITATE SLEEP

Adults and children
from 12 years old

1 | in the evening,
half an hour before bedtime

200 mg native extract of PASSIONFLOWER
corresponding to 700 - 1000 mg of passionflower

- fast action
- no daytime sleepiness
- no dependence or addiction
- very well tolerated
- numerous clinical studies

The medicinal product is a traditional herbal medicinal product for use in the specific indications exclusively based upon long-standing use.

Sedistress[®] Sleep

film-coated tablets

Available in box of :
28 and 56 film-coated tablets

SLEEP DISORDERS Mild nervous TENSION



COMPOSITION


The active substance is dry extract from Valerian root (*Valeriana officinalis* L.). Each tablet contains **500 mg of Valerian dry extract**, equivalent to 2 g - 3 g of Valerian root. Extraction solvent : Ethanol 60 % V/V.

The other ingredients are : microcrystalline cellulose, calcium hydrogen phosphate anhydrous, pregelatinised starch, silica colloidal anhydrous, magnesium stearate, polyvinyl alcohol, titanium dioxide (E171), macrogol, talc, indigo carmine aluminium lake (E132), iron oxide red (E172), iron oxide black (E172).

DIRECTION FOR USE

FOR RELIEF OF SLEEP DISORDERS

Adults and children
from 12 years old

1  **in the evening,**
half an hour before bedtime

A treatment of minimum 2 to 4 weeks is recommended
for an optimal effect

500 mg dry extract from VALERIAN ROOT (*Valeriana officinalis* L.)
which is equivalent to 2000 to 3000 mg
of Valerian root per tablet.

- well established use herbal medicinal product
- as effective as benzodiazepine^{1,2}
- numerous clinical studies



Thymoseptine[®]

syrup



Available in bottle of :
150 ml • 250 ml

EXPECTORANT SYRUP in case of **COUGH**
associated to a **COLD**



COMPOSITION

5 ml of syrup contain **750 mg of extract** (as liquid extract) (1:1) from *Thymus vulgaris L.*, herba (Thyme).
Extraction solvent: ethanol 22 % V/V.

The other ingredients are : sucrose, glycerol, ethanol, purified water.

DIRECTION FOR USE

PRODUCTIVE COUGH

Children from 2 to 6 years	5 ml, 4 x / day
Children from 7 to 11 years	10 ml, 4 x / day
Adults and children from 12 years	15 ml, 4 x / day

THYME liquid extract (*Thymus Vulgaris L.*) 2250 mg by 15 ml

- expectorant ^{1a,1b}
- antiseptic ²
- spasmolytic ³
- local anti-inflammatory
- from 2 years
- numerous clinical studies

The medicinal product is a traditional herbal medicinal product for use in the specific indications exclusively based upon long-standing use in Belgium.



Anticold®

film-coated tablets

Available in box of :
20 film-coated tablets

The short-term **prevention** and **treatment**
of common **COLDS**



COMPOSITION

The active substance is dried expressed juice from fresh purple coneflower herb. Each tablet contains **180 mg of dried expressed juice from *Echinacea purpurea* (L.) Moench**, herba (equivalent to 5.4 g - 10.8 g fresh purple coneflower herb)./V.

The other ingredients are: microcrystalline cellulose, calcium hydrogen phosphate, pregelatinised starch, anhydrous colloidal silica, magnesium stearate, polyvinyl alcohol, titanium dioxide (E171), macrogol, talc, carmine (E120).

DIRECTION FOR USE

IN PREVENTION OR FROM THE FIRST COLD SIGNS

Adults and children
from 12 years **1 0 2 x/ day**

Maximum 10 consecutive days

Dried expressed juice of **ECHINACEA PURPUREA 180 mg**

- from the first signs of cold
- fights against respiratory infections
- stimulates immunity ^{1,2,3}
- well established use herbal medicinal product
- numerous clinical studies



Urocystil®

film-coated tablets



Available in box of :
20 film-coated tablets

Traditional herbal medicinal product used for treatment of symptoms of mild recurrent lower **URINARY TRACT INFECTIONS** such as burning sensation during urination and/or frequent urination in women, after serious conditions have been excluded by a medical doctor.



COMPOSITION

400 mg *Arctostaphylos uva-ursi* L. - dry native extract (60% V/V Ethanol) of the leaves (3.5-5.5:1).

The other ingredients are : microcrystalline cellulose, pregelatinised starch, talc, magnesium stearate, colloidal silica anhydrous, polyvinyl alcohol, titanium dioxide (E171), macrogol, talc.

DIRECTION FOR USE

URINARY TRACT INFECTIONS

Female adults (18 years) **2 / 3 x/ day**
maximum 7 days

CONTRAINDICATIONS :

Pregnancy, breastfeeding and kidney disorders

400 mg of dry extract of BEARBERRY LEAF,
equivalent to 64-96 mg arbutin

- natural urinary antiseptic*
- anti-bacterial*
- safe and well tolerated
- numerous clinical studies

The product is a traditional herbal medicinal product for use in the specified indication exclusively based upon long-standing use in Belgium.



* Deutch CE. Limited effectiveness of over-the-counter plant preparations used for the treatment of urinary tract infections as inhibitors of the urease activity from *Staphylococcus saprophyticus*. *Journal of Applied Microbiology* 2017 Feb ▪ * Rios JL et al. Antimicrobial activity of selected plants employed in the Spanish Mediterranean area. *Journal of Ethnopharmacology*, 1987, 21:139-152 ▪ * Kedzia B et al. Antibacterial action of urine containing arbutin metabolic products. *Medycyna Doswiadczalna i Mikrobiologia*, 1975, 27:305-314.



Veinofytol[®]

gastro-resistant tabs

Available in box of :
42 and 98 gastro-resistant tablets



Used for treatment of
CHRONIC VENOUS INSUFFICIENCY,
which is characterised by swollen legs, varicose veins,
a feeling of heaviness, pain, tiredness, itching,
tension and cramps in the calves

COMPOSITION

The active substance is **Horse chestnut dry extract**.
Each tablet contains 192 mg - 258 mg of extract
(as dry extract) from *Aesculus hippocastanum* L., se-
men (Horse chestnut seed) corresponding to 21 mg
triterpene glycosides, calculated as protoaescigenin.
Extraction solvent: Ethanol 50 % V/V.

The other ingredients are : maltodextrin, microcrystalline cellulose,
calcium hydrogen phosphate anhydrous, pregelatinised starch,
talc, colloidal anhydrous silica, magnesium stearate, methacrylic
acid copolymer, talc, titanium dioxide (E171), allura red AC (E129),
colloidal silica anhydrous, sodium bicarbonate, sodium lauryl
sulfate, maltodextrin, colloidal anhydrous silica.

DIRECTION FOR USE

CHRONIC VENOUS INSUFFICIENCY

Adults
(18 years)

1 / 2 x/ day
Swallow the tablets
with a large glass of water.



HORSE CHESTNUT SEED extract

- analgesic ¹
Based on a systematic review (meta analysis) of 17 clinical trials, it can be concluded that horse chestnut seed extract significantly reduces symptoms of chronic venous insufficiency, such as oedema, pain and itching compared to placebo.
- as effective as compression stockings ^{2,3}
- significant reduction of water volume ⁴
- effective in case of hemorrhoids ⁵
- efficacious and safe
- numerous clinical studies

Well-established use herbal medicinal product in Belgium



¹ Frick RW. Three treatments for chronic venous insufficiency: escin, hydroxyethylrutin, and Daflon. *ANGIOLOGY*. 2000;51(3):197-205. ■ ² Diehm C, Trampisch HJ, Lange S, Schmidt C. Comparison of leg compression stocking and oral horse-chestnut seed extract therapy in patients with chronic venous insufficiency. *LANCET*. 1996;347(8997):292-4. ■ ³ Frick RW. Three treatments for chronic venous insufficiency: escin, hydroxyethylrutin, and Daflon. *ANGIOLOGY*. 2000;51(3):197-205. ■ ⁴ Committee on Herbal Medicinal Products (HMPC). Assessment report on aesculus hippocastanum L., semen - Draft Revision 1. European Medicines Agency; 2009. EMA/HMPC/638245/2018 ■ ⁵ Sirtori CR. Aescin: pharmacology, pharmacokinetics and therapeutic profile. *PHARMACOL RES*. 2011;44(3): 183-93.

